NITYA SEVA NEWSLETTER

OCTOBER 2026

NEWS AND ACTIVITIES FROM THE CHILDREN'S HOMES IN BHOPAL

It is my pleasure to bring to you another issue of this newsletter. The feature story "A Day at Nitya Seva Children's Homes: A Pictorial Essay" takes the donor inside a day in the lives of the children they support, and in my humble opinion, it does so effectively.



What the story does not do is to take you behind the scenes to see the hard work required. The pictures show happy, middle-class children now. But when they first arrived, many had endured insecurity, abuse, neglect, violence, trauma, and inconsistent access to food. The evidence of their difficult lives was often writ large on their faces. Most had never enrolled in school and were truly illiterate.

In general, physical health is the first to recover with the nutrition they receive. But education is a challenge. While some younger children catch up quickly, most need intensive homeschooling for weeks or months before they can be transitioned into formal schools. They also require intensive emotional and psychological support. Nitya Seva's own experience tells us that this is the only way to avoid dismal failure and a loss of confidence for the child, and to achieve our goal.

Staff must also navigate demanding administrative and government requirements. It is challenging work but seeing the children thrive makes the effort worthwhile. It is the right thing to do for the children, and it strengthens the society we live in.

We are deeply grateful to you, our donors, for sharing our commitment to doing what is right with your generous donations.

Warmly,

Chhaya Bali, Editor

Pages 3 to 7 for our feature story: **A Day at the Nitya Seva Children's Homes: A pictorial Essay**
Page 2 **for Important organizational updates.**

For detailed information on Nitya Seva USA, please go to our website www.nityaseva.org

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ORGANIZATIONAL UPDATES

Welcoming our new CEO, Dr. Kamlesh Bhargava.

We are pleased to announce the appointment of Dr. Kamlesh Bhargava as Chief Executive Officer (CEO) of Nitya Seva USA, a role formerly titled Secretary.



The Board unanimously approved his appointment on February 22, 2026. A board member since April 2021, Kamlesh has demonstrated deep commitment to our cause, along with creativity and perseverance. We are confident he will be a valuable asset to our organization and wish him every success in his new role. Kamlesh succeeds Shri Bali, who held this position since Nitya Seva USA was founded.

Kamlesh is a family physician with more than 38 years of experience. He trained at Gandhi Medical College in Bhopal, India, and at Oxford in the UK. Before retiring in 2013, he led the Department of Family Medicine at Sultan Qaboos University in Oman. He now lives in Canada. A recipient of several awards for teaching excellence, he remains active in the medical community and chairs prominent organizations in Family Medicine and Professional Development.

With gratitude to Shri Bali

We thank Shri Bali, founder of Nitya Seva USA, for 25 years of dedicated service as Secretary and Treasurer, for his leadership and for his role in growing the organization.

Board structure update.

At its meeting on May 21, 2026, the Board of Directors adopted the following changes: the position of President will be called Chairman, and the position of Secretary will be called Chief Executive Officer (CEO).

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A Day at Nitya Seva Children's Homes: A Pictorial Essay.

6: OO AM: It is early in the morning. Long before the children rise, the kitchen is abuzz with activity. A sense of purpose is in the air. Children need a nourishing start to their day.



Before the hustle begins, the dedicated kitchen staff shares a quiet moment over a cup of tea.



Paul the cook has been lovingly preparing meals for the children at the Pipalner Home from its early years.



All hands on the deck.

Meanwhile, the children rise, bathe and dress in neatly pressed uniforms. A trickle to the dining room becomes a lively crowd, ready for breakfast and a new day.



Getting ready.



Uniforms on.



Breakfast together

Story continues page 4.

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7:00 am to 8:00 AM: Off to school!

The kids are ready. School buses are waiting. Nitya Seva ensures that the children have seamless access to local schools.



Chandbarh boys waiting for school bus .



Ready for the journey.



Girls boarding the school bus.



On the way to school.



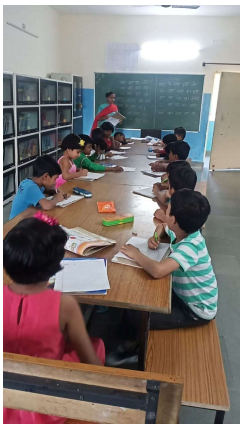
Story continues page 5.

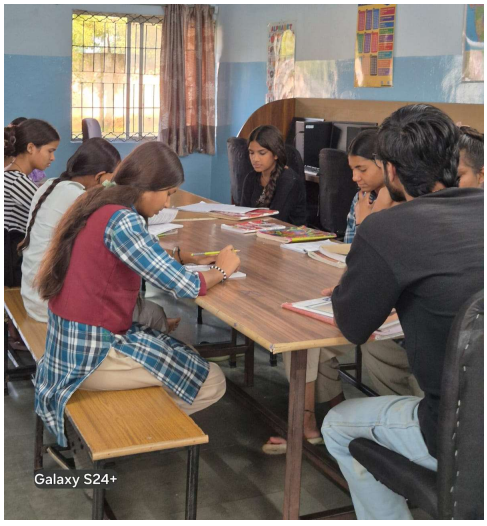
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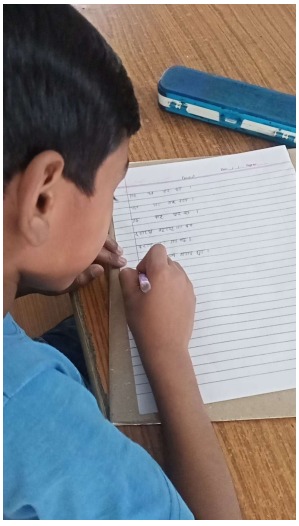
4:00 PM: Supplemental learning.

Children return from school. To bridge any gaps in learning, they undergo tutoring. The personalized approach helps them build confidence which helps in the much larger class size at schools. Many of our children receive intensive homeschooling before they can be transitioned to formal schools.









Story continues page 6.

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5:30 to 7:00 PM: Time to play and bond.

A wholesome childhood requires a balance of work and play. Evenings are dedicated to relaxation and play. Kids bond on the playing ground. Older kids are often found mentoring the younger like in one large family.





Story continues page 7.

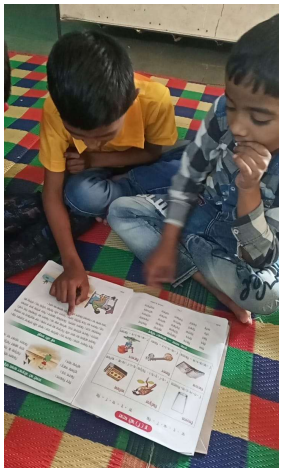
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8:00 to 9:00 PM: Dinner together.

The dining room comes alive again as the children gather for their evening meal.

9:00 PM to 10:00 PM: Winding down.

Back in the dorms, children finish homework, read a book, or enjoy a quiet board game, under the watchful eyes of the dorm mother. At 10:00 pm, the lights go out. After a busy day, the security of the dorm brings a restful night's sleep, and they are ready for another day.


I hope that this journey was insightful and enjoyable for you.

The children who come to Nitya Seva Children's homes undergo a transformative change in their lives which prepares them for a meaningful future. And it would not be possible without your generosity.

It is my sincere hope that you will continue to support us to keep the gates of Nitya Seva Children's homes open.

Chhaya Bali

For more details about the organizations involved, please go to the website.

www.nityaseva.org

DONATE

www.nityaseva.org/donate

Please share this newsletter with a friend who would like to help. Thank you.

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